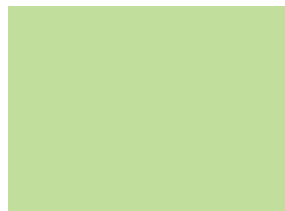
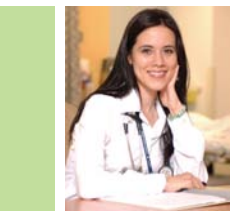


Patient Orientation Resource Guide



Name: _____

MRN: _____

GRAND  **RIVER**
Regional Cancer Centre

LEADING CARE CLOSE TO HOME

Foreword

There are many challenges in life. How we respond to these challenges is important.

This booklet is a starting point for your new journey. Like many guides, it is full of information and tips to help you navigate your way in the days ahead. Most of all, when you read this book, we want you to know that you are not alone. On each page there is information about people who are committed in special ways to meeting your needs.

Kirk Miller, GRRCC Graduate Class of 1997

Resource Guide Contents

■ GENERAL INFORMATION

Hours Of Operation	4
<i>Managing Urgent Situations After Hours</i>	4
Parking	4
Accommodations	5
Special Considerations	
<i>Help Getting To Your Treatment Sessions</i>	6
<i>Waiting At The Cancer Centre For Your Treatment</i>	6
<i>Tax Deductible Expenses</i>	6

■ FIRST CLINIC APPOINTMENT

General Clinic Information	8
Frequently Asked Questions.....	9
Appointment Checklist.....	10
Arriving At The Grand River Regional Cancer Centre.....	11
Meeting The Oncologist And Supportive Care Coordinator	11
Sample Questions To Ask At Your First Appointment.....	12

■ PATIENT & FAMILY RESOURCES

Grand River Regional Cancer Centre Programs And Services

Supportive Care Program	
<i>What Is Supportive Care?</i>	14
<i>Supportive Care Team</i>	15
<i>How To Contact Your Care Team</i>	18
<i>When To Contact Your Care Team</i>	19
Chemotherapy Program	20
Radiation Therapy Program.....	20
Research And Clinical Trials	20
Genetic Counselling	20
Pharmacy Services	
<i>Health Care Centre Pharmacy</i>	21
<i>Prescription Information</i>	21
<i>Drug Coverage</i>	22

Grand River Regional Cancer Centre Resources

Resource Centre	22
Grand River Regional Cancer Centre Website.....	22
My CARE Source	23
Patient Education And Wellness Workshops	24

Community Resources

Canadian Cancer Society	25
Look Good, Feel Better Program	25
HopeSpring Cancer Support Centre.....	25
University Of Waterloo WELL-FIT Program	26
Hospice Of Waterloo Region	26

■ PATIENT REFERENCE INFORMATION

Medication Listing	28
Notes	29
Supportive Care Team Contact Information	31

General Information

HOURS OF OPERATION

Monday to Friday, 8:00 a.m. through 4:30 p.m.

Managing Urgent Situations After Hours

If you have a medical emergency after 4:00 p.m., on a weekend or on a holiday, please go directly to the Emergency Department at Grand River Hospital or your local hospital.

PARKING

If it is your first visit to the Grand River Regional Cancer Centre, we recommend you park in the parking garage, as you may be at the Cancer Centre for more than two hours.

Parking for disabled persons is available near the main entrances of both Grand River Hospital and the Cancer Centre, as well as the first floor of the parking garage.

Grand River Hospital Parking Garage

Cost: \$5.00 at exit – \$1.00 and \$2.00 coins are accepted.

Reserved parking space is available for outpatient oncology patients on the first floor of the parking garage. You must have a valid permit to park on this level. Permits may be obtained through the Main Reception Desk at the Cancer Centre. Please note that permit-holders do not receive a reduction in parking rate; the cost of each parking visit is still \$5.00 per exit.

Pay And Display Parking

Cost: \$3.00 per hour or \$5.00 per day.

Pay and display parking is available by the main entrance of Grand River Hospital, in the lot at 40 Green Street and the Rotary lot on King Street, directly across from the garage.

Be advised that parking rates are subject to change without notice.

ACCOMMODATIONS

Grand River Hospital Family Lodges

The Grand River Hospital Family Lodges support out-of-town and local patients, as well as family and friends wishing to stay close to the Grand River Regional Cancer Centre and their loved ones. The lodges provide guests with bedding and a fully equipped kitchen. All facilities in the lodges are shared. As the lodges are not staffed, guests must be physically and mentally able to care for themselves. Guests must be 18 years of age and older to stay at the lodge.

The lodges are approximately five to ten minutes walking distance from the Grand River Regional Cancer Centre.



Room Rates

- Daily \$10.00/night/person
- Weekly \$50.00/week/person
- A \$10.00 key deposit is required upon arrival

Reservations

To reserve a bed or for more information, **call (519) 749-4370 ext. 5799** between the hours of 9:00 a.m. and 4:00 p.m., Monday through Friday, or visit the Main Reception Desk of the Cancer Centre.

Alternate Accommodations

For more information regarding accommodations available in the Kitchener-Waterloo Region, contact the Volunteer Coordinator at **(519) 749-4370 ext. 5799.**

■ General Information

SPECIAL CONSIDERATIONS

Help Getting To Your Treatment Sessions

The Canadian Cancer Society volunteers are available to help with your transportation needs.

Please be advised that the volunteer drivers need 48 to 72 hours notice to arrange a ride for you.

If you need a ride to your appointment at the Grand River Regional Cancer Centre, please contact the Canadian Cancer Society toll-free at 1-888-939-3333.

Waiting At The Cancer Centre For Your Treatment

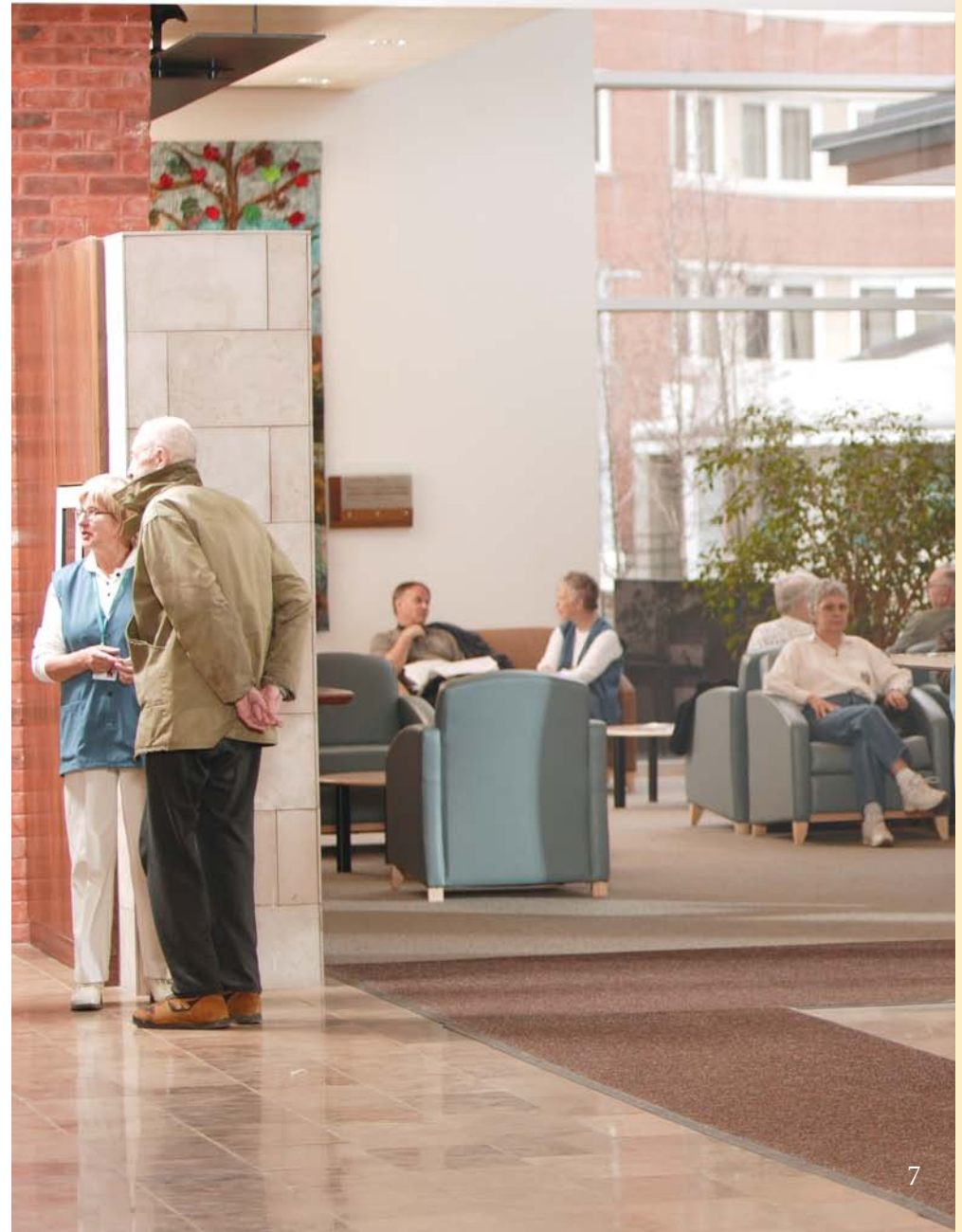
If you have difficulty sitting and require a bed prior to your appointment, please inform Main Reception when you arrive at the Cancer Centre.

Tax Deductible Expenses

Certain expenses incurred during treatment may be tax deductible. You are advised to maintain a record of all of your appointments and expenses including receipts for medications and parking, if you intend to claim these on your income tax.

For more information about refundable medical expenses, go to the Revenue Canada Agency website at www.cra-arc.gc.ca, or call toll-free, 1-800-267-6999.

The First Clinic Appointment



First Clinic Appointment

GENERAL CLINIC INFORMATION

An Appointment Is Necessary

To receive the attention you need, an appointment is always necessary. You may contact the **Patient Triage Line at (519) 749-4380** if you feel you need an appointment to see a member of your Supportive Care Team before your next scheduled visit. If you need immediate medical care, go to the Emergency Department of Grand River Hospital or your local hospital.

Be Prepared To Wait

You can expect your first visit at the Cancer Centre to be more than two hours.

Parking For Your First Visit

Because your first appointment will take more than two hours, please park in a location that accommodates extended parking such as the parking garage.

Visiting The Cancer Centre While Ill

To prevent the spread of any respiratory infections like colds or influenza, anyone who enters the Cancer Centre or Hospital with a fever, a new or worsening cough, or shortness of breath will need to wear a mask. Masks are available at the main entrance of the Grand River Hospital and Cancer Centre. Family members who are ill must **NOT** attend appointments.

Hand Washing Practices

Hand-washing is the single most important way to prevent the spread of infection. Wash thoroughly with soap and warm water and use the alcohol sanitizer gel available throughout the Cancer Centre and the Hospital.

Perfume Or Cologne

We request that all persons coming to the Cancer Centre refrain from wearing perfumes, colognes or highly-scented lotions or products since many patients and staff have allergies or sensitivities when exposed to these products.

FREQUENTLY ASKED QUESTIONS

Why am I being sent to the Grand River Regional Cancer Centre?

You have likely been referred to the Cancer Centre because your doctor wants you to receive further investigation, treatment or support from specialists who work at the Cancer Centre.

What happens when my doctor sends me to the Grand River Regional Cancer Centre?

The doctor who has referred you to the Cancer Centre will send a copy of your medical information, including copies of your X-rays and bloodwork. Once this information has been received, your referral can be processed and an appointment will be booked for you.

What kind of treatment will I receive?

An individual plan of care will be developed during your initial consult with your Oncologist.

Will my other doctor(s) know what is happening to me?

Information about your visit is sent to your doctor(s) after each visit to the Cancer Centre. Your family doctor is an important part of your team and will still be responsible for general medical care.

Who will I meet?

You will meet the members of your Supportive Care Team at the Cancer Centre. Your team is dedicated to providing you with the very best care available.

■ First Clinic Appointment

APPOINTMENT CHECKLIST

Before you leave your house on the day of your appointment, review the checklist below to make sure you come prepared.

Wear Comfortable Clothes And Bring:

- \$1.00 and \$2.00 coins for the parking garage (\$5.00 total). You may be at the Cancer Centre for more than two hours on your first visit.
- Someone to wait with you and support you during your visit.
- Your Grand River Regional Cancer Centre Patient Orientation Resource Guide.
- Your Ontario Health Card.
- The name, address and phone number of your family doctor.
- If you have a drug benefits plan, please bring your card with you.
- The current medications you are taking in their original containers.
- Any vitamins, minerals, herbal supplements you are taking, in their original containers.
- A list of your allergies and sensitivities.
- A notebook and pen to record information.
- A list of questions you may have for the doctor or nurse.
- A drink and/or snack from home. Or you may choose to purchase a snack from the cafeteria or Tim Hortons, both conveniently located on the main level of the Hospital.
- Something to help you pass the time while you wait (a book, knitting, etc.).

ARRIVING AT THE GRAND RIVER REGIONAL CANCER CENTRE

At your first visit you will need to register at the Main Reception Desk in the front lobby of the Cancer Centre. After you have registered, a volunteer will guide you to your clinic appointment. You will then be seated until the doctor is ready to see you.

At each subsequent visit you must check in at Main Reception.

MEETING THE ONCOLOGIST AND SUPPORTIVE CARE COORDINATOR

When it is your turn to see the doctor, you will be called into an examination room. We encourage you to bring a family member or a friend to support you during your appointment. It is at this time that you will meet your Oncologist and your Supportive Care Coordinator. You will likely be examined and then they will talk to you about treatment options.

It may be possible for you to reach a decision about your treatment plan at this visit, or you and the Oncologist may need more time to decide on the best treatment plan for you. We want to make sure that you have a clear understanding of your diagnosis and the recommended treatment plan.

Once a treatment plan is established, you will be asked to sign a Verification of Treatment Form, also known as a consent form. This form verifies that you understand the treatment risks, benefits, and alternatives, and that you agree to have the treatment. You may withdraw your consent for treatment at any time if you change your mind.

■ First Clinic Appointment

SAMPLE QUESTIONS TO ASK AT YOUR FIRST APPOINTMENT

It is helpful to bring a list of questions to discuss with your Oncologist on the day of your first appointment.

Questions To Ask Before Treatment Begins:

- What is my diagnosis?
- Is there any evidence the cancer has spread?
- What are my treatment choices? Which do you recommend for me? Why?
- What are the expected benefits of each treatment?
- What are the risks and possible side effects of each treatment?
- Will I have to change my normal activities? If so, for how long?
- What can I do to prepare for treatment?
- How often will I have treatments?
- How long will my treatments last?
- Is there a cost to the treatment?
- Can I still engage in sexual activity?
- Is infertility a side effect of cancer treatment? Can anything be done about it?

PLEASE NOTE:

You will have many opportunities to ask the Oncologist and Supportive Care Coordinator to explain things to you and to get more information. Answers to questions like these can also be found in My CARE Source, under the Frequently Asked Questions (FAQ) section.

Patient & Family Resources



■ Patient & Family Resources

GRAND RIVER REGIONAL CANCER CENTRE PROGRAMS AND SERVICES

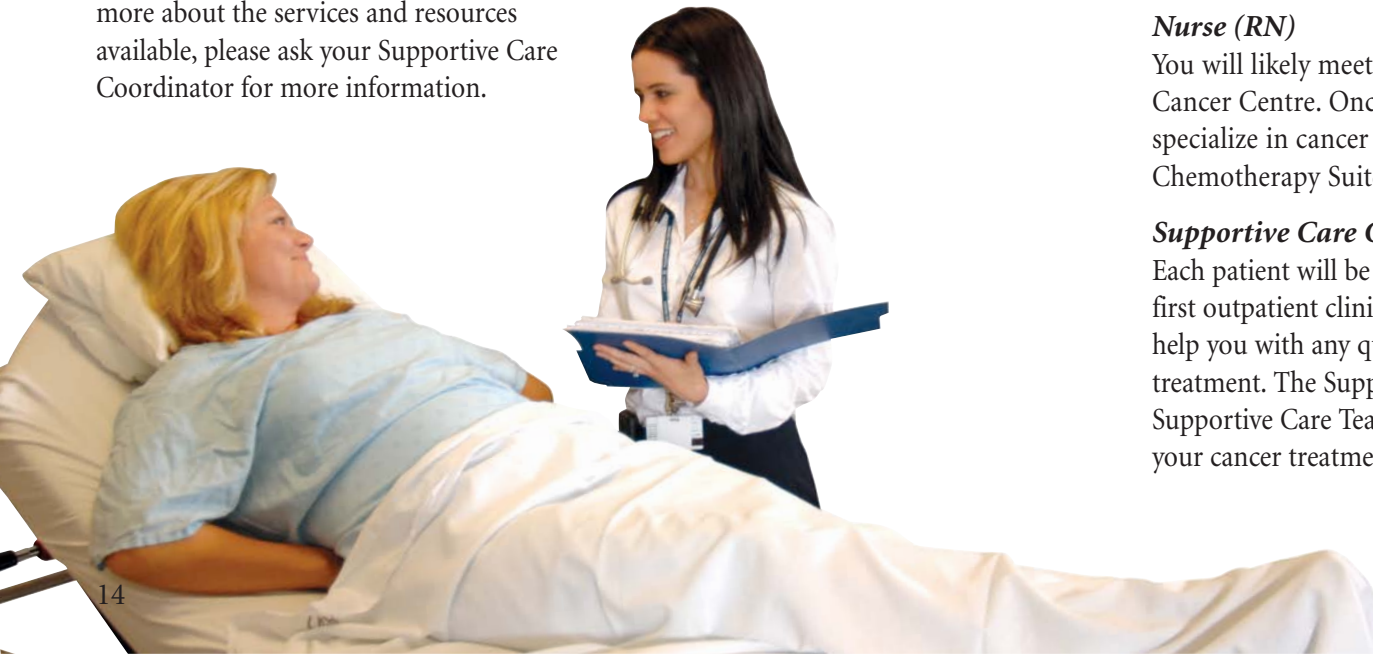
SUPPORTIVE CARE PROGRAM

What is Supportive Care?

The Supportive Care Program offers a range of resources, professional staff and services that will support you and your family during your cancer journey – from the time of diagnosis through to the end of your treatment.

The Supportive Care Program includes an interdisciplinary Supportive Care Team available to provide you with information, education, psychosocial support, nutritional therapy, rehabilitation, spiritual care and pain and symptom management.

Supportive Care is available to you and your family. If you would like to know more about the services and resources available, please ask your Supportive Care Coordinator for more information.



Supportive Care Team

Your Supportive Care Team consists of a number of different cancer care professionals. These may include:

Oncologist or Hematologist

Medical Oncologists, Radiation Oncologists and Hematologists are all doctors who specialize in the diagnosis and treatment of cancer. They work with you and the rest of your Supportive Care Team to determine your treatment options and to deliver the treatment plan.



Pain and Symptom Management (P&SM) Physician

Pain and Symptom Management Physicians are available for consultation. They work with you and the rest of your Supportive Care Team to help manage complex symptoms resulting from your illness or treatment.

Nurse (RN)

You will likely meet a number of different Nurses during your visit to the Cancer Centre. Oncology Nurse Specialists are Registered Nurses who specialize in cancer care. Nurses work in the Outpatient Clinics, Chemotherapy Suite, Radiation Review and Inpatient Oncology.

Supportive Care Coordinator (SCC)

Each patient will be linked with a Supportive Care Coordinator Nurse at the first outpatient clinic visit. He or she will become the main contact person to help you with any questions or concerns you may have during your treatment. The Supportive Care Coordinator acts as a link between you, your Supportive Care Team, and resources in the community, to help you during your cancer treatment.

Patient & Family Resources

Pharmacist

Pharmacists work closely with your Oncologist and your Supportive Care Team. They are clinically trained to evaluate chemotherapy treatment, provide drug information and make recommendations on medication-related issues.

Radiation Therapist

Radiation Therapists work with Radiation Oncologists to plan and deliver radiation treatments and monitor any side effects of treatment.

Social Worker (SW)

Social Workers provide assistance, information, support, and counselling to help preserve your emotional well-being and maintain your quality of life. Social Workers can assist you to access resources and are available to help both you and your family.

Registered Dietitian (RD)

Registered Dietitians are available to provide nutrition information and education to you and your family. Good nutrition will help you to improve and maintain your strength and energy; stay at a healthy weight; manage the side effects of your therapy, and recover more quickly from treatment.

Physiotherapist (PT)

Physiotherapists are trained to assess and treat joint stiffness, muscle weakness, swelling, and pain. Special services offered at the Cancer Centre include lymphedema prevention and treatment. PTs also provide education on the importance of exercise to maintain wellness during treatment.



Occupational Therapist (OT)

Occupational Therapists assist you and your family in managing daily activities that are important to you in the areas of self-care, work and leisure. OTs can help you with managing fatigue and decreased energy, preventing falls, increasing independence and safety at home, positioning for comfort and pain, functioning with changes in memory, and preventing and treating lymphedema.



Spiritual Care Provider

Care for one's spirit is an important part of any journey. Spiritual Care involves all faith traditions, including individuals who do not belong to a church, mosque, synagogue, temple or other faith community. We work with you and your family, your Supportive Care Team and local spiritual caregivers.

Volunteers

All of our volunteers have been carefully screened and have attended training programs specific to their placement in the Cancer Centre. Our volunteers help make your visit as easy and comfortable for you as possible.

Secretaries

Secretaries in the Outpatient Clinics, Chemotherapy and Radiation Therapy Programs schedule tests, book appointments and support your treatment process. If you need to change an appointment your secretary can be reached through the automated telephone line.



Patient & Family Resources

How To Contact Your Care Team

Please call (519) 749-4380. This is an automated telephone service. If you have a rotary dial phone, stay on the line to speak with the operator. Please listen carefully to the message in order to properly direct your call.

If you are a patient and you are not feeling well or would like to leave a message for your Supportive Care Coordinator press option #1, and you will be directed to the Patient Triage Line where a Secretary and Nurse will respond to your concerns.

You will not be able to talk to your Supportive Care Coordinator right away because he/she will be working in the clinic with other patients.

To save you time, please have the following information ready before your call:

- *Your name*
- *Your Medical Records Number (MRN)*
- *A phone number where you can be reached*
- *The name of your Supportive Care Coordinator and Oncologist*
- *Your reason for calling*

Please be advised that all calls are answered in the order they are received. These phones are very busy, so you may need to wait on the line for a few minutes before your call is answered. Please stay on the phone until a line is free.

The telephone Triage Nurse will ask you a number of questions to determine the urgency of your call. Please remember that if the Nurse determines that your call is non-urgent, your SCC is working in the clinic and may not be able to return your call until later in the day or within the next 48 hours.

The Patient Triage Line, (519) 749-4380, is open Monday through Friday from 8:30 a.m. to 4:00 p.m.

When To Contact Your Care Team

There are times when you must call your Supportive Care Team right away, rather than wait until your next appointment.

Contact the Patient Triage Line at (519) 749-4380 if you experience any of the following symptoms:

- A fever of 38.3° Celsius (101° Fahrenheit) or higher
- A fever of 38.0° Celsius (100.4° Fahrenheit) that lasts for more than one hour
- Sudden onset of shortness of breath
- Persistent and severe vomiting that continues for more than 24 hours
- Severe diarrhea, bloody diarrhea or diarrhea associated with a fever
- Constipation that lasts for more than 72 hours
- Severe sore throat or mouth (red or sore areas seen in the mouth)
- Any weakness or numbness in your legs, arms, difficulty walking, inability to urinate or you have a loss of bowel or bladder control
- Sudden or severe rash, hives, itching
- Pain, redness, swelling or warmth at injection site where chemotherapy was administered
- Sudden, increased, changed or uncontrolled pain
- Unusual bleeding

IMPORTANT NOTE:

If these symptoms occur after 4:00 p.m., on a weekend, or on a holiday, please go directly to the Emergency Department at Grand River Hospital or your local hospital.

■ Patient & Family Resources

CHEMOTHERAPY PROGRAM

Chemotherapy is the use of drugs or medicine to treat cancer. It may be given in a pill form or it may be injected into a vein. Depending on the type of cancer you have, chemotherapy may be offered to you as a treatment option.

RADIATION THERAPY PROGRAM

Radiation Therapy is a form of cancer treatment that directs high-energy radiation beams at cancer cells to eliminate them, or to shrink tumours. Radiation Therapy can be used by itself or in combination with other treatment forms. There are several ways that radiation can be delivered. Depending on the type of cancer you have, radiation may be offered to you as a treatment option.

RESEARCH AND CLINICAL TRIALS

A Clinical Trial is a scientific study used to evaluate new treatments, protocols and medications. You may be asked to participate in a trial as part of your treatment, but the decision to take part in a trial is up to you.

For more information regarding Clinical Trials or to find out if you may be eligible to participate in a trial, speak to your Oncologist or Supportive Care Coordinator. Information can also be found on the Ontario Cancer Trials website at www.ontariocancertrials.ca.

GENETIC COUNSELLING

Most cancers are not hereditary, but about 10% of cancers may be due to a genetic predisposition. A genetic counsellor can review your personal medical history and family history, to provide a risk assessment for hereditary cancer. Some families will be offered genetic testing, if appropriate.

Talk to your Oncologist, Supportive Care Coordinator, or contact the Genetics Clinic at (519) 749-4300 ext. 5988 for more information.

PHARMACY SERVICES

Health Care Centre Pharmacy

Phone: (519) 749-4227 • Fax (519) 749-4327

The Health Care Centre Pharmacy is owned and operated by Grand River Hospital with revenues used to support the Hospital and the Grand River Regional Cancer Centre.

- *The Health Care Centre Pharmacy is conveniently located within the Grand River Hospital, near the main entrance, with an additional unit located on the 4th floor of the Cancer Centre beside the chemotherapy treatment area.*
- *The Health Care Centre Pharmacy offers medications and specialty oncology products that may not be available at your local pharmacy.*
- *Your Oncologist can send your prescriptions directly to the Health Care Centre Pharmacy, at your request. Your prescriptions can be filled before you leave the clinic that day.*
- *Pick-up or home delivery of your prescriptions is also available.*
- *You can refill your prescriptions and order products online through My CARE Source.*
- *All major drug plans are accepted. Please have your insurance card information available.*

Prescription Information

For a refill of your cancer treatment medication, please ask your Pharmacist to fax a request to your Oncologist's office at fax number **(519) 749-4378**.

The Cancer Centre requires 48 to 72 hours notice for any refills. If your family doctor gave you a prescription, please call him/her for a refill.

Patient & Family Resources

Drug Coverage

It is recommended that all patients establish coverage for prescription drug costs. If you have a drug insurance plan, please bring your card to the pharmacy. If the Community Care Access Centre covers the cost of your medication, or you are receiving government assistance, please bring a copy of your current card with you.

If you have any questions or concerns about what is covered or the cost of a medication, please ask to speak with a Pharmacist. Drug coverage information, including government assistance programs, is also available from your Social Worker.

GRAND RIVER REGIONAL CANCER CENTRE RESOURCES

RESOURCE CENTRE

The Resource Centre is located on the main floor of the Grand River Regional Cancer Centre, to the right of the main entrance. At the Resource Centre you may borrow books or videos or pick up free pamphlets. Computer terminals linked to the internet are also available for your use. If you need assistance accessing any of the resources in the library, one of our volunteers will be happy to help.

GRAND RIVER REGIONAL CANCER CENTRE WEBSITE

For more information about the Grand River Regional Cancer Centre, *please visit us online at www.grrcc.on.ca.*



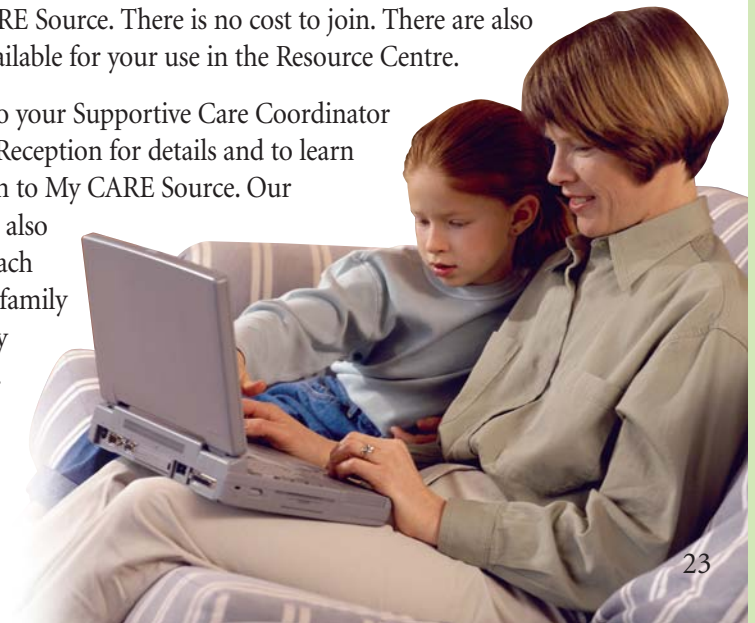
Grand River Hospital offers My CARE Source, an innovative new computer program for patients with cancer. My CARE Source is a Supportive Care tool for you and your family, providing around-the-clock access to information, and allowing you to take an active role in managing your care.

My CARE Source offers:

- *Treatment plan information*
- *Symptom and side effect monitoring*
- *Appointment request and confirmation*
- *Personal health profile*
- *Supportive Care Team members directory*
- *Education program information*
- *Personal diary*
- *Discussion board*
- *Frequently Asked Questions*
- *Medication and supplies requested from Health Care Centre Pharmacy*

If you have access to a computer and use of the internet, you can access My CARE Source. There is no cost to join. There are also computers available for your use in the Resource Centre.

Please speak to your Supportive Care Coordinator or visit Main Reception for details and to learn how to sign on to My CARE Source. Our volunteers are also available to teach you and your family how to use My CARE Source.



Patient & Family Resources

PATIENT EDUCATION & WELLNESS WORKSHOPS

Day	Topics	Time
Monday	<p>Cancer-Related Fatigue: Taking Charge*</p> <p>1) Strategies for Living with Fatigue 2) Exercises for Fatigue 3) Relaxation Techniques for Fatigue</p> <p><i>* One session per week for 3 weeks.</i></p>	10:00-11:00 a.m.
Tuesday	<p>Introduction to Chemotherapy</p>	10:30-12:00 noon
Wednesday	<p>Healthy Eating:**</p> <p>1) Maintaining Weight for Wellness 2) Specialized Nutrients</p> <p><i>** One session per week, held on the 1st and 3rd Wednesday of the month.</i></p>	10:00-11:00 a.m.
	<p>Practical and Emotional Resources To Help You Cope</p> <p><i>Held on the 1st and 3rd Wednesday of the month.</i></p>	11:00-12:00 noon
Friday	<p>Introduction to Chemotherapy</p>	10:30-12:00 noon

NOTE: To sign up for an Information Session and/or Wellness Workshop, please go to the Main Reception Desk at the Cancer Centre or call 749-4370 ext. 5497.

COMMUNITY RESOURCES

Canadian Cancer Society

The Canadian Cancer Society offers support and information for people living with cancer, their caregivers, family and friends. Professionals and trained volunteers are available to provide information about the services offered.

Phone: Toll-Free 1-888-939-3333 • Local (519) 886-8888

Website: www.cancer.ca

Location: 241 Duke Street West, Kitchener

Look Good, Feel Better Program

The Look Good, Feel Better Program is a free workshop offered monthly for women interested in learning how to manage the appearance-related side effects of cancer and its treatment. Participants are provided with the opportunity to learn make-up tips, hair alternatives, nail and skin care and cosmetic hygiene. All workshop participants receive a complimentary cosmetic tool-kit full of products generously donated by the member companies of the Canadian Cosmetic, Toiletry and Fragrance Association (OCTFA).

Be advised that space is limited for this program, so you should register early.

To register call Main Reception at (519) 749-4370 ext. 5497.

HopeSpring Cancer Support Centre

HopeSpring is a warm and caring support centre for people living with cancer, their families and friends. Drop-ins are welcome. No referral or appointment is necessary. Trained volunteers are available to share information about the programs and services offered at HopeSpring or to offer emotional support.

Phone: (519) 742-4673

Website: www.hopespring.ca

Location: 43 Allen Street West, Waterloo

■ Patient & Family Resources

University of Waterloo (UW) WELL-FIT Program

The UW WELL-FIT program is a personal exercise program for individuals undergoing cancer treatment. UW WELL-FIT provides an opportunity for individuals with cancer to participate in supervised exercise in a safe, private, supportive small group environment.

The objective of the UW WELL-FIT program is to improve quality of life during cancer treatment.

All participants require a referral from their Oncologist to participate in the UW WELL-FIT program and are closely monitored by certified exercise professionals. Ask your Oncologist if this program is suitable for you.

Phone: (519) 888-4567 ext. 6841

Email: fitness@healthy.uwaterloo.ca

Hospice of Waterloo Region

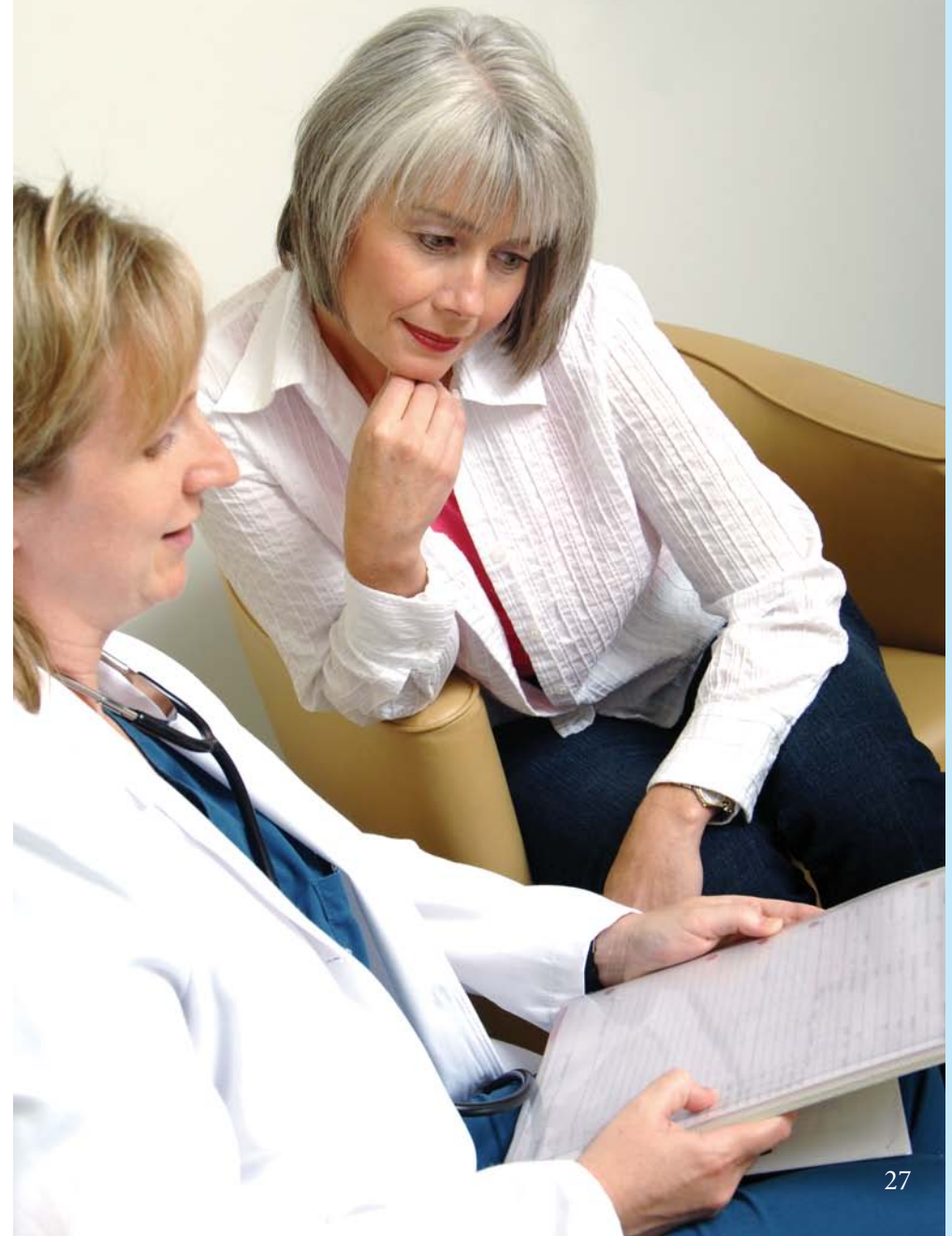
Hospice of Waterloo Region is a charitable organization whose specially trained volunteers help people affected by a terminal illness prepare for and cope with end-of-life issues by providing compassionate presence, practical support and education.

Phone: (519) 743-4114

Website: www.hospicewaterloo.ca

Location: 544 Park Street, Kitchener

Patient Reference Information





GRAND  RIVER
Regional Cancer Centre

835 King St. W., Kitchener, ON N2G 1G3

Phone: (519) 749-4380

E-mail: info@grhosp.on.ca

www.grrcc.on.ca